



### **Todd F. Ward B.S., CRC**

*Clinician*

Office | 231.629.9063

Fax | 313.899.7087

Email | [todd@gtcounseling.com](mailto:todd@gtcounseling.com)

### **PRIMARY PRACTICE AREAS:**

- Court Related | OWI/DUI
- State of Michigan Drivers License Appeal
- Addictions | substances of abuse, food, gambling, pornography

### **CERTIFICATIONS**

- Certified Recovery Coach, CCAR Method. Recovery Allies
- CADC Certification | Development plan on file with MCBAP

### **THERAPEUTIC PHILOSOPHY**

If you choose to schedule an appointment with me you can expect a comfortable atmosphere and a relaxed non-judgmental attitude. In the beginning, I will ask more questions but once baseline knowledge is obtained I become less directive and believe that each client will expose their thoughts & feelings if given the space to do so. I am guided by the philosophy that your recovery is your road and your goals are the most important part of our time together. I have found that the areas that need addressing may not be obvious at first but in time they show themselves to us. Self-awareness is a primary objective and I utilize a variety of skill-building and process based techniques to help my clients achieve their self-determined goals.

I've been told my approach is not only honest but fair. I know that changing oneself is a path best achieved by hard work and goal driven.

### **ABOUT ME**

I earned a Bachelor's Degree in Communications from Manchester College as well as an A.A. in Mass Media. I received my Certified Recovery Coach credentials, in the CCAR Method, from Recovery Allies of Grand Rapids Michigan. I am currently working toward my CADC through MCBAP and under the supervision of my partner Sean Robinson of Grand Rapids Counseling Services. We now have multiple counselors between Traverse City and Grand Rapids with a variety of specialties and ten years of business experience. Our goal is to be a positive force in the communities in which we work

On the personal side, most of my non-work related time is spent enjoying my dog walks and work on writing music and have been playing guitar for over twenty years. In my "me time", I enjoy golf, traveling & photography.

### **INSPIRATIONAL QUOTES**

- Don't confuse efforts with results. ~ William Rupert
- Change is the law of life. And those who look only to the past or future are certain to miss the future ~ John F. Kennedy
- Life is 10% what happens to us and 90% how we react to it. ~ Dennis P. Kimbro
- Those who do not learn history are doomed to repeat it ~ George Santayana
- You must be the change you wish to see in the world ~ Gandhi