

Group Rules & Expectations

What is a group?

A group can be defined as people gathering together for a mutually beneficial purpose. Our group is a psychoeducational group which means that my responsibility as the facilitator includes:

- Guiding participants' personal learning
- Showing group members how to interact to reduce isolation and to help each other
- Providing opportunities for expression of thoughts & feelings in a safe place

Closed vs. Open groups

Our group is closed meaning that the members that start the group are the only ones that will be in the group. You start together and you end together. An open group allows members to join and exit the group at any time. Often times the group has no definitive beginning and ending.

Group Expectations

- Confidentiality – what is said in group stays in group (less limits of confidentiality)
- No personal verbal or physical attacks (be respectful of differing opinions, perspectives, etc.)
- Active participation in the group process
- One person speaks at a time

Group Rules

- Payment is due at the time of service. If you cannot make a payment one week you must make it up prior to the next scheduled group session. No one will be allowed to get more than 1 payment behind. If you cannot make your payment 2 sessions in a row you are automatically dismissed from the group and forfeit all payments made to that point. No Exceptions.
- Attendance is mandatory. Please be on time (15 minutes late is considered a no show / cancellation)
- If you are a no call / no show for a group you may be dismissed from the group and lose any money paid up to that point. You may join the next scheduled group at full price.
If you contact The Agency prior to missing a group you will be given an option of scheduling an individual make up appointment at the rate of \$75 per session.

Group counseling is what you make of it. You'll get out what you put in. You're paying for it so you might as well take advantage of this opportunity to learn about yourself as it pertains to the issues that led you here.

*I am waiving my rights to confidentiality as it pertains to my participation in this group and am requesting that the referring agency be made aware of my attendance and progress.

*This document was discussed in group and I was given an opportunity to get clarification. I accept the terms.

Name

Date